



**Free**  
Instruction  
Sheet



## **PLACEMATS, NAPKINS AND TABLE RUNNERS**

Placemats, napkins and table runners are quick ways to change the mood for any table setting. The amount of fabric you need depends on the size of your project and how many items you are making.

**PLACEMENTS** should be large enough to accommodate a place setting. Standard sizes are 18" x 12" and 16" x 14". Placemats can be lined, underlined with fusible interfacing, made of pre-quilted fabric or sewn double for extra body.

**NAPKINS** should be an 18" x 20" square. Cocktail napkins can be 10" square. Edge finishes should be simple so that they do not interfere with the purpose of a napkin.

**TABLE RUNNERS** should be equal the length of the table plus a 8" x 12" drop at each end. The average width for a decorative runner is 12" x 18". Table runners can be cut either the lengthwise or crosswise grain of fabric.

Keep the following in mind when determining seam allowances for table rounds, napkins and runners:

- \* For bias-bound edges, cut to finished size.
- \* For serged edges, a narrow double hem or a self fringe, add 1/2" hem allowance all around.
- \* To add ruffles or an insertion trim - such as cording, rickrack or lace edging to placemats and table runners - add 1/2" seam allowances all around.

